

HOME and Assisted Living



Assisted living (also known as extra-care housing) is a type of 'housing with care' which means you retain independence while you're assisted with tasks such as washing, dressing, going to the toilet or taking medication as defined by Age UK.

What's assisted living?

Assisted living (also known as extra-care) offers support and facilitates independent living. Arrangements do vary according to independent needs and wants that usually comprise of your own front door with staff available up to 24 hours a day to provide personal care and support services.

These services are tailored to each resident's needs and can include help with washing, dressing, going to the toilet and taking medication. Domestic help, such as shopping and laundry, and meals may also be provided.



Common features of assisted living accommodation include:



Help from a scheme manager (warden) or a team of support staff



24-hour emergency help through an alarm system



Social activities arranged for the community



A minimum age for residents, usually 55 or 60



Self-contained flats allow you to stay independent



Communal lounges allowing you to socialise as and when you feel like it



Some extra-care housing is available to buy or rent privately and some is available from the local council following a care needs



Assessment, but it isn't available in every area

Unlike sheltered housing, assisted living housing is regulated by the Care Quality Commission (CQC). They inspect the facilities and provide ratings.

A Hadley HOME has integrated Assisted Living

Instead of moving into specialist housing, you may want to arrange a package of care and support in your current home. Contact your local authority, who assess your needs and decide whether you are eligible for services. If you are eligible, you may have to pay some of the cost of care services, depending on your financial circumstances.

A Hadley HOME is manufactured to require a minimum of work to convert either to or from being an assisted living home. We achieve this by:



Pre-constructing a lift shaft so no structural work is required to install a lift.



Wireless light switches that can be easily moved to improve accessibility.



Pre-construction suitable for a wet room or bathroom.



Constructed to Document M compliance standards construction standard to facilitate wheelchair access through wider doors, lobby, kitchen and w/c areas.



Scooter or wheelchair storage area.



Security alarms are compatible with a community personal alarm system, this is technology enabling you to call for help if you fall, are taken ill, or experience an emergency. The alarm is usually linked to a communications centre staffed 24 hours a day. If you need help, you call the centre using a telephone handset, a pull-cord, or a pendant you keep on you that may contact a nominated person or an appropriate service like your GP

Disability-related adaptations

Check a scheme's policies on making disability-related adaptations. Note that, as a legal minimum, landlords have a duty to take certain reasonable steps to ensure disabled tenants are not put at a substantial disadvantage and a Hadley HOME is fully compliant.

This applies in leasehold as well as rented housing. A landlord does not have to remove or alter a property's physical features, but there are smaller changes that must be made if requested and Hadley HOMEs are designed to incorporate common requests quickly and cost efficiently.

Check what their policies say about adaptations to these areas and seek advice from Shelter or a local advice agency like Citizens Advice, Age UK, or Age Cymru. Note that, in this context, disability is defined as '*a physical or mental impairment*' that has '*a substantial and long-term adverse effect on [your] ability to carry out normal day-to-day activities*'.

